

## **Saint James School of Religion**

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### ***Confirmation Requirement: Service Hours***

*“Helping a person in need is good in itself. But the degree of goodness is hugely affected by the attitude with which it is done. If you show resentment because you are helping the person out of a reluctant sense of duty, then the person may receive your help, but may feel awkward and embarrassed. This is because he will feel beholden to you. If, on the other hand, you help the person in a spirit of joy, then the help will be received joyfully. The person will feel neither demeaned nor humiliated by your help, but rather will feel glad to have caused you pleasure by receiving your help. And joy is the appropriate attitude with which to help others because acts of generosity are a source of blessing to the giver as well as the receiver.” – St. John Chrysostom*

Helping others is a foundational part of Catholic teaching. It is our obligation and our duty.

We ask all students preparing to receive the Sacrament of Confirmation to perform **20+ hours** of service to others (**10+ hours during 7<sup>th</sup> grade and 10+ hours during 8<sup>th</sup> grade**).

For each project, Confirmation Candidates are asked to describe and reflect on the service performed. The following page is the Confirmation Service Project Record. Print out the page and complete for each service performed. When grade requirements are satisfied, submit forms to St. James School of Religion. The forms may be mailed or emailed to [stjamesccd@yahoo.com](mailto:stjamesccd@yahoo.com) or dropped off at the CCD Office Monday through Thursday, 10AM – 1PM.

Please call the School of Religion Office at 908-766-1227 with any questions.

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## *Confirmation Requirement: Service Project Record Form*

Confirmation Candidate's Name/Section (7A, 8B, etc.): \_\_\_\_\_

Project Name or Description: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date/Time Spent: \_\_\_\_\_  
\_\_\_\_\_

What I learned (describe feelings or reactions): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Adult Signature (as witness to service performed): \_\_\_\_\_